



St. Paul News

The Newsletter of
St. Paul Lutheran Church
Ida Grove, Iowa

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November

2020

“Faithful Stewards of God’s Gifts”

I’m excited to inform you that our stewardship emphasis for this year is **Faithful Stewards of God’s Gifts**. I’m confident that the three weeks of messages and Bible studies will help you grow in your spiritual and stewardship journeys.

The three-weekly themes are:

Sunday, November 8: “Stewards of God’s Varied Grace” (1 Peter 4:10)

Sunday, November 15: “As We Have Opportunity, Let Us Do Good to Everyone” (Galatians 6:10)

Sunday, November 22: “Generous and Ready to Share” (1 Timothy 6:18)

In our short time on earth, we are called by God to take care of His things. Through faith, we understand that all we have belongs to the One Who created us. Being a steward is faith in action.

The following quote from Thom and Art Rainer in their book *Simple Life* will help us better understand what it means to be God’s stewards:



“Stewardship is a word we often hear from behind the pulpit but rarely outside the walls of the church...A steward is traditionally one who takes care of another’s household. A steward watches over the domestic affairs so that the master may focus on whatever he deems most important. Much trust is placed in the steward by the

master. He is expected to act in the best interest of his master, with or without his oversight. So stewardship consists of managing those obligations given to the steward. By nature of the word, stewardship requires some type of higher authority. It is a position of submittal to a greater good. It is the denying of oneself and the exalting of another. It is commitment to the well-being of another, knowing that his happiness will result in your happiness.”

What a privilege and honor that God Who has created us and recreated us in Baptism chooses us to be His stewards! In this honored position, we are expected to be responsible and accountable. The Apostle Paul wrote, “Moreover, it is required of stewards that they be found trustworthy” (1 Corinthians 4:2). With the help of the Holy Spirit, we become **Faithful Stewards of God’s Gifts**.

I pray that our stewardship emphasis, **Faithful Stewards of God’s Gifts**, will be a blessing to us all. May God continually bless us as faithful stewards of the many blessings He has entrusted to our care.

Your fellow steward in Christ,
Pastor Salcido

NEXT NEWSLETTER DEADLINE for ANY ITEMS for in the **December Newsletter by November 16**

Remember it’s up to you or your family members to let the church office know if you are hospitalized.

CHURCH NEWS

OFFICIAL ACTS Funerals: Gust Boysen, Reed Feddersen, Shirley Ruser
Release from membership: Bryce Ricklefs and daughter Laila

VOTERS’ MEETING

Sunday, November 15, 10:10 AM

Items of interest for meeting includes 2021 Budget, Constitution and By-Law Ammendments, Lay Delegate and Alternate to Iowa District West Convention next summer. Agenda & Proposed Budget are included in this newsletter.

FROM THE ELDERS Sean Benner, Brandon Johnson, Doyle Brown, Jeff Gilbert, Brent Harm, Aaron Hoffman

We are following CDC recommendations for Covid-19 mitigation protocols. That means that we limit worship seating space to insure safe distance (6') between families/households which means that our maximum occupancy in the sanctuary is approximately 90 persons. So at this time we will have 1 service only on Sunday morning at 9:00AM. The Fellowship Hall is available for overflow seating, to view the worship service live on TVs. We are also offering the option of sitting in your car in the church parking lot at 9AM and tune into FM 97.1 and listen to the worship service, if it happens to be a communion Sunday, you will be instructed when and you can come inside the doors of the Narthex, receive the Sacrament and exit down the hall and out the door by Pastors' offices. The entire sanctuary will be misted with an anti-viral agent before each worship service. Hand sanitizer and face masks are available in the Narthex, or you can wear your own. We will continue to put our services on the Internet via our Facebook page: St. Paul Lutheran Church LCMS, St. Paul Lutheran Church Ida Grove You Tube page, the St. Paul website, www.stpaulig.org and on the Local Cable Channel 3.4 or 374 (Longlines). Recordings will be available on Sunday afternoons at 2:00PM If you know of someone who does not have these capabilities to watch the Worship Services and would like a DVD copy of the Sunday Worship please let the church office know 364-2918. Also available on the Website under the bulletin tab will be Congregation at Prayer, Weekly Worship Service, and Weekly Bulletin. Other various items will be under the "What's Happening" Tab. **Prayer Requests:** If you have any prayer requests simply call the church office. **We need volunteers!** We need ushers and tech personel, etc. Please call the church office if you are willing to volunteer.

CHRISTMAS EVE WORSHIP will consist of 3 services: 4PM, 7PM and 11PM, by reservations, and we have started taking reservations, please call the church office 364-2918 and let us know which service and how many. Depending on response we may offer an additional service.

NEED A DEVOTIONAL RESOURCE you can access with your cell phone, tablet, or computer? Check out the [Congregation at Prayer](#) on Facebook. Daily scripture readings, weekly hymns and parts of the catechism. This can even be used with your children. Daily Scripture readings have devotional thoughts in the comments section. Find a link to it on the church's Facebook page. If you have questions, or need a quick link to this resource e-mail Pastor Neil Wehmas, pastorwehmas@gmail.com

St. Paul Lutheran Church Elders are here for you, and interested in your input or concerns

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FROM THE BOARD OF HUMAN CARE Daisy Thayer & Glenda Hausman

PARISH NURSE November is National Diabetes month. The following is taken from the website: <https://www.cdc.gov/diabetes/basics/diabetes.html>. To learn more about diabetes visit this website or the National Diabetes Association Website. You can also check with your doctor to be referred for diabetic teaching.

What is Diabetes? With diabetes, your body either doesn't make enough insulin or can't use it as well as it should. Diabetes is a chronic (long-lasting) health condition that affects how your body turns food into energy. Most of the food you eat is broken down into sugar (also called glucose) and released into your bloodstream. When your blood sugar goes up, it signals your pancreas to release insulin. Insulin acts like a key to let the blood sugar into your body's cells for use as energy. If you have diabetes, your body either doesn't make enough insulin or can't use the insulin it makes as well as it should. When there isn't enough insulin or cells stop responding to insulin, too much blood sugar stays in your bloodstream. Over time, that can cause serious health problems, such as [heart disease](#), [vision loss](#), and [kidney disease](#). There isn't a cure yet for diabetes, but losing weight, eating healthy food, and being active can really help. Taking medicine as needed, getting [diabetes self-management education and support](#), and keeping health care appointments can also reduce the impact of diabetes on your life.

Diabetes by the Numbers: **34.2 million** US adults have diabetes, and 1 in 5 of them don't know they have it. Diabetes is the **seventh leading cause** of death in the United States. Diabetes is the **No. 1** cause of kidney failure, lower-limb amputations, and adult blindness.

In the last **20 years**, the number of adults diagnosed with diabetes has more than **doubled**.

Types of Diabetes: There are three main types of diabetes: [type 1](#), [type 2](#), and [gestational diabetes](#) (diabetes while pregnant).

Type 1 Diabetes is thought to be caused by an autoimmune reaction (the body attacks itself by mistake) that stops your body from making insulin. Approximately 5-10% of the people who have diabetes have type 1. Symptoms of type 1 diabetes often develop quickly. It's usually diagnosed in children, teens,

and young adults. If you have type 1 diabetes, you'll need to take insulin every day to survive. Currently, no one knows how to prevent type 1 diabetes.

Type 2 Diabetes: With type 2 diabetes, your body doesn't use insulin well and can't keep blood sugar at normal levels. About 90-95% of people with diabetes have type 2. It develops over many years and is usually diagnosed in adults (but more and more in children, teens, and young adults). You may not notice any symptoms, so it's important to get your blood sugar tested if you're at risk. Type 2 diabetes can be prevented or delayed with healthy lifestyle changes, such as losing weight, eating healthy food, and being active.

Gestational diabetes develops in pregnant women who have never had diabetes. If you have gestational diabetes, your baby could be at higher risk for health problems. Gestational diabetes usually goes away after your baby is born but increases your risk for type 2 diabetes later in life. Your baby is more likely to have obesity as a child or teen, and more likely to develop type 2 diabetes later in life too.

Prediabetes: In the United States, 88 million adults—more than 1 in 3—have [prediabetes](#). What's more, more than 84% of them don't know they have it. With prediabetes, blood sugar levels are higher than normal, but not high enough yet to be diagnosed as type 2 diabetes. Prediabetes raises your risk for type 2 diabetes, heart disease, and stroke. The good news is if you have prediabetes, a CDC-recognized [lifestyle change program](#) can help you take healthy steps to reverse it. Sue Salcido RN FCN

COMMUNITY BASKET Donations for **November: soups and stew, crackers**. All items are appreciated as well, as they can always use donations. The Community Basket is open on Thursdays (except 3rd Thursday), from 2:30-5:30PM. The **Mobile Pantry** will be in **Arthur at the Community Center, November 15th, from 4:30-5:30PM**.

FROM THE BOARD OF STEWARDSHIP & MISSIONS *Brad Zobel & Deb Clausen*

Faithful Stewards of God's Gifts. Stewards are tools in God's hands to do his Work. See Pastor's letter for details. For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them" (Ephesians 2:10).

FROM THE BOARD OF TRUSTEES *Ross Ladwig, Jeremy Mason, Doug Hanson & John Brinkman*

- **Working on various projects at this time**

FROM THE BOARD OF EVANGELISM / ASSIMILATION *Jen Hoffman & Kristy Gilbert*

MAIN STREET LIVING IS A LUTHERAN TELEVISION PROGRAM that is endorsed by the Iowa West District of the Lutheran Church-Missouri Synod. The program receives no funding from the District, but is totally funded by viewers and congregations of the KCAU Viewing area. The program is broadcast on **KCAU, the ABC network affiliate in Sioux City on Sunday morning, starting at 10:00 AM**. The first 30 minutes are remastered episodes of the popular "This is the Life" series that was very popular in the 70's and 80's. The second half of the program is a modified Lutheran worship service that features a different Pastor each week, from the station's broadcast area.

FROM THE BOARD OF CHRISTIAN EDUCATION *Jon Devitt & Robyn Devitt*

FOR CHILDREN: PK-3rd grade - providing packets to do at home with parents

4th - 6th grades and 7th & 8th Grade Confirmation- are continuing to meet on Wednesdays at 5:45-6:45 PM in the lower level classrooms. We ask that all students wear a facemask when entering and leaving the building through the lower level (7th Street) doors.

FOR ADULTS: Wednesday Morning Class meets on Wednesday mornings in the Fellowship Hall (to provide for social distancing) at 9:30 AM. Led by Pastor Salcido. Our study is entitled One Nation Under God – Healing Racial Divides in America, written by our own District Executive, Rev. B. Keith Haney.

FROM THE BOARD OF YOUTH AND FAMILY LIFE *Amy Bennett*

"The Way" Youth Night (7th-12th Grade) Theme: Thanksgiving Sunday, November 15th 6:00-7:30pm (7:45pm Buffet) @St. Paul Lutheran Church, Ida Grove What to Bring: Food for sharing in a Potluck style meal, Board Games for playing .

"The Truth" Bible Class (7th-12th Grade) Every Sunday from 10:15-11:15am Meets in High School Youth Room MOVIE: Sunday, November 22nd

Keep an eye on your e-mails, Facebook, and Instagram (@stpaulig_lyf) for more information



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NOVEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Saving Time Ends 1 All Saints Day 9:00AM Worship w/Communion social distancing parking lot tune into 97.1 10:15-11:15AM 7 th -12 th Grade Bible Study 2:00PM online & local cable channel	2	3	4 9:30AM Bible Study 5:45-6:45PM Midweek 5th -8th Grades	5	6	7
Twenty-third Sunday after Pentecost 8 9:00AM Worship social distancing parking lot tune into 97.1 10:15-11:15AM 7 th -12 th Grade Bible Study 2:00PM online & local cable channel	9	10	11 9:30AM Bible Study 5:45-6:45PM Midweek 5th -8th Grades	12	13	14
Twenty-Fourth Sunday after Pentecost 15 9:00AM Worship w/Communion social distancing parking lot tune into 97.1 10:10AM VOTERS' MEETING 2021 budget approval 2:00PM online & local cable channel 6:00-7:30PM (7th -8th youth night)	16	17	18 9:30AM Bible Study 5:45-6:45PM Midweek 5th -8th Grades	19	20	21
Last Sunday of the Church Year 22 9:00AM Worship social distancing parking lot tune into 97.1 10:15-11:15AM 7 th -12 th Grade Bible Study 2:00PM online & local cable channel	23	24	25 9:30AM Bible Study Thanksgiving Eve Worship Service 7:00PM	26 Thanksgiving Church office closed	27 Church office closed	28
First Sunday in Advent 29 9:00AM Worship social distancing parking lot tune into 97.1 10:15-11:15AM 7 th -12 th Grade Bible Study 2:00PM online & local cable channel	30					