



St. Paul News

The Newsletter of
St. Paul Lutheran Church
Ida Grove, Iowa

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February

2020

What about the Love Chapter (1 Cor. 13)?
Pastor Neil Wehmas

“Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth, always hopes, always perseveres. Love never fails.” 1 Cor. 13:4-8a NIV 1984

Many of us have heard the above passage so many times. It is a passage that is even quite familiar to those outside of Christianity. This is especially so, due to its usage at weddings. However, what if I told you that this verse isn't talking about marriage. There is no mention of marriage in the previous or following chapters.

The passage stands well into the latter half of Paul's epistle to the church in Corinth. The Church in Corinth is a church in conflict. They are fighting about anything and everything that they can think of to fight about. The letter begins with dispute among members saying, “I follow Apollos, Paul, Peter, or Jesus.” (cliff-notes version) Often times this is used as an argument against calling our church body Lutheran, but this is to mis-understand history and the text.

Paul isn't condemning people for saying the follow Jesus. In fact, they are supposed to be following Jesus. Rather, there is a reason for the order of the names. The members of the church are trying to one up one another. It is almost in line with the school-yard arguments of whose dad can beat up another kids dad. It is about ego and pride for the people in Corinth. It was ultimately about the divisions within this church. Divisions not of doctrine (only), but pride and ego.

In chapters 11 & 12, Paul condemns the Corinthian church for its divisions. He talks about the Lord's Supper and the value of the various members of Christ's body. It is from this that he speaks to them about love.

You see, he isn't telling how husband and wife are to love each other (although, it does apply to them). He is telling how Christians are to love one another. How the people within his church are to love one another. They are to be patient and kind with one another. They are not to be keeping record of wrongs. They are not to be irritable or resentful. They are not to be rejoicing when a brother/sister falls into sin.

Yet, is that not problems with congregations. We lack patience. We are not always kind. We are keeping record of wrongs and rejoicing when our brother/sister falls into sin. Paul urges the church in Corinth, and by extension our own church of St. Paul Lutheran Church in Ida Grove, love one another.

How? We fail all the time, don't we? Well, first we remember that love isn't just an emotion or action. Love is a person. Jesus is love in the flesh. He is patient and kind. He does not envy or boast. He is not arrogant or rude. He is not irritable or resentful. He does not rejoice at wrongdoing, rather he forgives wrongdoing. He rejoices with the truth, because He is the truth. He bears all things, even a cross, nails, and a crown of thorns. He believes all things, endures all things, even death upon a cross for you.

In the hearing of the word. In the waters of baptism. In the reception of the Lord's Supper. He gives you the strength to love your brother and sister in Christ, as he has loved you. In His Holy Word he tells you and shows you what that looks like. And in these means of grace he gives you forgiveness every time you fail to love as he first loved us. So, may it be our prayer within this congregation, and throughout Christendom, that we indeed would love as he commanded. May we love in a 1 Corinthians 13 manner throughout our days. In Jesus' Name. Amen.

NEXT NEWSLETTER DEADLINE for ANY ITEMS for in the **March Newsletter by February 12th**.

Remember it's up to you or your family members to let the church office know if you are hospitalized.

CHURCH NEWS

OFFICIAL ACTS – Transfer In: Nancy Ford from Faith Lutheran, Warwaw, MO
Release: Ryan Jordan to Sacred Heart R. C., Ida Grove
Funeral: Elnora Lunzman

NEED A DEVOTIONAL RESOURCE you can access with your cell phone, tablet, or computer? Check out the Congregation at Prayer on Facebook. Daily scripture readings, weekly hymns and parts of the catechism. This can even be used with your children. Daily Scripture readings have devotional thoughts in the comments section. Find a link to it on the church's Facebook page. If you have questions, or need a quick link to this resource e-mail Pastor Neil Wehmas, pastorwehmas@gmail.com

FROM THE ELDERS *Jon Devitt, Dennis Clausen, Clay Miller, Jeff Gilbert, Brent Harm, Aaron Hoffman,*

KEEPING IN TOUCH In an effort to keep in contact with the members of our congregation the elders need addresses and/or phone numbers. **At present we don't have information for the following members:** Kirsty Arbegast, Michael Bliesmann, Shayna Cooper, Lisa Hansen, Dawn Johnson, Casey Johnson, Luke Johnson, Ben Lansink, Alexander Quail, Curtis Stark. If you have that information for any of these fellow members please share that information with the Church Office. In so doing you greatly assist the Elders in helping them keep in touch.

PRAYER SUPPORT As part of their ministry to members each Elder, at their monthly meeting, selects two or three members and/or households to pray for. The meeting then concludes with Elders praying for the people selected. Each Elder then signs a postcard which lets those people know that they were part of the prayers by the Elders at their last meeting.

KNOW AND PRAY FOR YOUR ELDER

Elder	Household Name Begins with ...
Jeff Gilbert	Aa - Er
Jon Devitt	Es - Iz
Brent Harm	Ja - Lor
Dennis Clausen	Los - Ree
Aaron Hoffman	Ref - Tar
Clay Miller	Tas - Zz

FROM THE BOARD OF HUMAN CARE *Daisy Thayer & Glenda Hausman*

LUTHERAN FAMILY SERVICE – Offers counseling here at St. Paul. Lynnette Aschinger, has over 22 years experience & expertise to those she serves and her Christian perspective offers a safe place to process those most difficult questions & to incorporate faith into the healing process. The counseling is available for anyone & LFS accepts most insurances and sliding scale is available.

Areas of specialty include but not limited to: Children, Depression, Abuse/Trauma histories, Anxiety, Grief & Loss, Family & Couples. You are encouraged to contact Lutheran Family Service at 515-251-4900 to set up an appointment with Lynette.



LUTHERAN FAMILY SERVICE
Caring for Families in Iowa Since 1901

FROM THE PARISH NURSE The following article is from the website



<https://www.gohealthuc.com/library/influenza-vs-stomach-flu>. The flu shot does not protect against "stomach flu". Whether you call it the stomach flu or, more precisely, viral gastroenteritis, the highly contagious intestinal infection is no fun. Symptoms include watery diarrhea, stomach pain, vomiting, muscle aches, and mild headache that can last for several miserable days. Because stomach flu, or gastroenteritis, is commonly referred to as "flu," it's easy to confuse it with influenza. But the two illnesses are not the same. Here's what you need to know about stomach flu and gastroenteritis symptoms and how they differ from influenza.

What is Stomach flu? Stomach flu is when your stomach and intestines become inflamed and irritated. Although the causes of stomach flu range from bacteria and parasites to food reactions and unclean water, close to half of all gastroenteritis cases in adults — and even more in children — are caused by a virus. For this reason, stomach flu cannot be treated with antibiotics. Stomach flu usually develops after contact with an infected person or [consuming contaminated food or water](#). Stomach flu and gastroenteritis symptoms often last for three to seven days and sometimes up to 10 days. The most

common form of the stomach flu is norovirus, which causes 19 million to 21 million illnesses each year, according to the Centers for Disease Control and Prevention (CDC).

What is the Flu? (Influenza) While the stomach flu affects the stomach, [influenza](#) only affects the respiratory system (nose, throat, and lungs). Symptoms of the flu include fever, muscle aches, sore throat, and cough, and influenza can be prevented with a [flu shot](#). Thankfully, people with the flu usually don't have gastroenteritis symptoms.

How to Treat Stomach Flu When you're feeling miserable with stomach flu and other gastroenteritis symptoms, the last thing you want to hear is, "*You just have to wait it out.*" Unfortunately, there's no cure or treatment for the stomach flu. There are, however, some things you can do to relieve symptoms: 1) Stay hydrated by taking small sips of clear liquids, such as water or broth. 2) Avoid caffeinated drinks like coffee and black tea, as well as alcohol, which can make symptoms worse. 3) Stay away from foods that contain dairy, fiber, grease, and spices.

If you can't hold down fluids, gastroenteritis can lead to dehydration. [Symptoms of dehydration](#) include weakness, dizziness upon standing, rapid heart rate and decreased urination. Dehydration can be treated at urgent care centers with IV fluids and anti-nausea medications. BUT if you have a fever or severe localized abdominal pain or pain concentrated in one area, you may be sent to the Emergency Department for advanced imaging and lab testing to make sure it's not something more serious.

How to Prevent Stomach Flu Gastroenteritis is highly contagious. If you know it's going around, the experts recommend taking extra precautions, like washing your hands even more than usual and avoiding close contact with infected people. Here are some other preventive measures — not just to avoid the stomach flu but to stay healthy in general: 1) Use the dishwasher instead of washing dishes by hand. 2) Use soap and water instead of hand sanitizer. Also, wash your hands for as long as it takes to sing "Happy Birthday" twice. 3) If you have a sick family member, ask him or her to use one bathroom while the rest of the household uses another. 4) Wipe off shopping cart handles 5). Clean countertops and surfaces with a disinfectant spray, and wash clothes and bedding regularly.

LIFE QUOTE "I am extremely thankful for the many doctors and nurses who stand firm in their opposition to assisted suicide and euthanasia, although they are finding themselves being pressured to change their position. Please pray they remain firm in their For Life stance. May we also pray that ... they boldly ... maintain the ethical standards their professions were created to provide to society and that the Gospel clearly proclaims." *Virginia Flo, Lutherans For Life – A Life Quote from Lutherans For*



**Lutherans
For Life**

Life • www.lutheransforlife.org

COMMUNITY BASKET Donations for February Laundry/Kitchen items: detergent, bleach, dryer sheets, fabric softener, dish soap. All items are appreciated as well, as they can always use donations. The Community Basket is open on Thursdays (except 3rd Thursday), from 2:30-5:30PM. The **Mobile Pantry** will be at Quad County Corn Produce, Galva **on February 20th from 4:30-5:30PM**

FROM THE BOARD OF STEWARDSHIP & MISSIONS *Darcy Sibenaller & Deb Clausen*

BACKPACK BLESSINGS: On behalf of the Board of Mission and Stewardship we would like to thank everyone for their generous donations to Backpack Blessings! The school has been very appreciative of our donations to assist with the needs of the students! At this point, we seem to have helped meet their needs for hats, gloves and coats. Also, they currently have an ample supply of Easy Mac cups so we don't need to be collecting any more of those for the time being. **It was mentioned however that they have need for instant oatmeal packages, pudding and jello cups and microwave popcorn.** If anyone is led to pick up a few of those items and place them in the Backpack Blessings tote in the narthex that would be great! Keep safe and warm this winter and again thank you to all! Darcy Sibenaller and Deb Clausen



SHARA OSIRI IN KENYA CLINICAL OFFICER - LINUS... Have you ever met someone and thought that there is "something" about this person that intrigues you? Maybe it is the way they present themselves, or the gentleness and compassion in their voice. Ugandan clinical officer, Linus was "that" person. He was a wonderful example of love overflowing. Whenever I saw him during the week, he was engaged with his patients and always ready to lend a hand. I saw him picking up crying

children, helping to carry the elderly who struggled to walk, he consulted with me on the care of those who were very sick. There was a lady who was in distress and was eventually taken to the hospital. Linus looked after her and when she was discharged, came back to the clinic to thank him. There was a mother who could not walk; Linus worked with Dr. Olson (from the American team) to treat her and her children. He helped to carry them to each area to ensure they received the care that was needed staying with them until they were finished. Linus is currently clinic officer and wants to go back to medical school to become a "great physician" as he put it. I asked him, why he wanted to become a doctor and he told that he knew at an early age. In primary school he told his father that he wanted to study medicine and his father said that was too expensive. His mother and grandmother talked to his father and he slowly started saving money so Linus could go to medical school. Medical needs in Uganda are great and Linus desires to make a difference and save as many lives as he can. Interestingly enough, Linus just completed his studies to become a clinical officer months before the Mercy Medical Team came to Uganda. As he awaits placement, he volunteers at the local hospital. I asked him what he enjoyed about serving with the Mercy Medical Team, he replied, "About serving with Mercy Medical Team it was the best thing I have ever experienced since I born. I had never worked with international people in my life, I learned a lot from you people Dr. Jennifer was also teaching some new things. You people, you were very kind and caring may God bless you. This is what you see when love overflows. Yours in Christ.... Shara & Michael



MISSION CENTRAL EVENTS Mission Central – LCMS World Mission

40718 Highway E 16, Mapleton, Iowa 51034 PH: 712-882-1029

Gary.Thies@lcms.org [712-882-1029](tel:712-882-1029) Brent.Smith@lcms.org [703-713-2851](tel:703-713-2851)

Be sure to check the bulletin board in the hallway by pastors' offices for information on Missionaries visiting Mission Central this month.

MILITARY BIBLESTICKS Thank you once again for your donations, we received \$5945.00 this year that we were able to send to Faith Comes By Hearing. Faith Comes By Hearing had matching funds available **If you have a family member currently serving in the military give their name and address to the Church Office and Pastor Salcido will send them a Military Bible Stick.**

FROM THE BOARD OF EVANGELISM / ASSIMILATION *Kristy Gilbert & Janet Goodenow*
PLEASE JOIN US FOR COFFEE AND FELLOWSHIP! We have coffee and treats in the fellowship hall immediately following the Sunday church service. Please plan to join us for coffee, a sweet treat and great conversation. Everyone is welcome!

There is also a sign up sheet in the Narthex of the church if you would like to help provide some treats on a Sunday morning and / or if you would like to help be there to serve the treats.

MAIN STREET LIVING IS A LUTHERAN TELEVISION PROGRAM that is endorsed by the Iowa West District of the Lutheran Church-Missouri Synod. The program receives no funding from the District, but is totally funded by viewers and congregations of the KCAU Viewing area. The program is broadcast on **KCAU, the ABC network affiliate in Sioux City on Sunday morning, starting at 10:00 AM.** The first 30 minutes are remastered episodes of the popular "This is the Life" series that was very popular in the 70's and 80's. The second half of the program is a modified Lutheran worship service that features a different Pastor each week, from the station's broadcast area.

KEEP IN CONTACT If you would like this newsletter E-Mailed to you please send us you E-Mail address. The easiest way is to send us and E-Mail at stpaulidagrove@gmail.com. Request that you be sent the monthly newsletter via E-Mail. As long as you are sending us an E-Mail if you no longer have a "landline" please send us a cell phone number for the members of your household so we can reach you if necessary.



WEBSITE Our website is designed to make it smart phone (mobile), laptop, tablet, and desktop PC friendly. The same content is present no matter which device you're using. The website recognizes what device is seeking access and then arranges the content to fit the device. Scan the QR symbol with your smart phone and get direct access to our website. Check out our website for links to our facebook pages and twitter accounts.

FROM THE BOARD OF TRUSTEES *Ross Ladwig, Jeremy Mason, Doug Hanson & Brandon Johnson*
Project Updates: Re-installing lighting for stained glass panels on Narthex windows

FROM THE BOARD OF CHRISTIAN EDUCATION *Amy Godbersen & Jennifer Larsen*



**CHRISTIAN
EDUCATION**

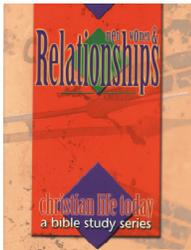
THEOLOGY AT THE HUT led by Pastor Wehmas. Bible Study meets weekly on **Tuesdays at 6pm** at Pizza Hut. We still welcome you to come at any time to join us!

“EARLY” WEDNESDAY MORNING BIBLE CLASS: Join us at **6:30 AM** at Jimmy’s Restaurant.

WEDNESDAY MORNING BIBLE STUDY: Join us at **9:30 AM** in the lower level Conference Room. **The books of HAGGI, ZACHARIAH, MALACHI** God promises to draw all nations into His glorious presence at His holy temple. His prophets call His people both to repentance and to a living hope in the coming King.

SUNDAY ADULT BIBLE CLASS: Join us at 10:30 AM in the lower level Conference Room. **Men Women and Relationships** Session topics are

- The Women of Generation X
- The Men of Generation X
- The Failure of Women's Lib
- The Abuse of Sexuality
- A Woman's Choice?
- Feminism v. Marriage
- To Compete ... or Complete?
- A Unisex Society
- The Real Heroes?
- Modeling Roles in Families
- Gender Differences: Facts or Fiction
- The Impact of Abortion on Society and Relationships



WEDNESDAY NIGHT (MIDWEEK) CROSS EXPLORATIONS 5:45-6:45PM

- For 4 year old Pre-school through 6th Grade and 7th & 8th Grade Confirmation Classes

FROM THE BOARD OF YOUTH AND FAMILY LIFE *Synda Jepsen & Amy Bennett*



Keep Up To Date On Activities: Twitter @RevNeil_IG Instagram @Refuge59_16 Text: “FalconsLYF” to “40650” Calling all youth, if you’d like to write articles for the blog. Contact Pastor Neil. The blog website address: <http://www.refuge59.com/>

High School Bible Class (8th-12th Grade) Join us Sunday mornings throughout the year as we dig into the scriptures and look at how they impact our lives and the world around us.

February 2020

High School Bible Class (8th-12th Grade)

Join us Sunday mornings as we learn of the Good News of Jesus Christ as recorded in the Gospel of Mark. We meet in the Youth Room at 10:30am. I’d love to have you attend, even if you never have.

Junior and Senior LYF

Super Bowl Subs

Super Bowl Weekend, we will be putting together several hundred Subs. Stay tuned for date and time. We will need whatever help we can get in preparing them. The more people that help, the quicker that they will be prepared and ready to go.

Higher Things Retreat (March 20th-21st)

While registration for the Higher Things conference is closed, there is still opportunity to attend the Higher Things Retreat at Camp Okoboji. This is open to 6th-12th grade. Cost is \$60. The main speaker is Pastor Donovan Riley, he is a very energetic, easy to listen to, informative speaker. Registration Deadline: March 4th

Junior & Senior LYF: Mercy Meals

Saturday, February 22nd, we will travel to Sioux City to package Mercy Meals for those in need. We will also eat lunch in Sioux City, and either go Ice Skating or to DropZone. This event is open to High School and Middle School Youth. More details to come.

Keep Eyes Open for Other Opportunities

THOSE WHO SERVE - FEBRUARY 2020

Date	Time	Lectors	Acolytes	Sound	Computer	Camera	Communion Servers	Communion Prep
2/1	6:00PM	Shari Walter	Ethan Frank & Blake Petersen	Butch E.			Roger Walter	Todd & Jolene Jepsen
2/2	9:00AM	Ellen Schable	Kelton Ladwig & Brayden Barber	Rod S.	Lorna Steenbock		Clay M. Paul C. DeWayne R. Dan D.	
2/8	6:00PM	Daisy Thayer	Carson Sharkey & Silvia Buns	Gary M.				
2/9	9:00AM	Brent Harm	Taylor Schable & Hailey Wilcox	Brad Z.	Brad Z.	John B.		
2/15	6:00PM	Glenda Hausman	Bailey & Brylie Hansen	Rod S.			Doyle Brown	Todd & Jolene Jepsen
2/16	9:00AM		Sierra Jepsen & Hayden Zimmerman	Butch E.	Jon Devitt	Butch E.	Keith K. Tony B. Brent H. David P.	
2/22	6:00PM		Dylan Malone	Brad Z.				
2/23	9:00AM	Ashley Dose	Trenton Gilbert	Dennis C.	Dennis C.			
2/26	7:00PM	ASH WEDNESDAY	Anna & Ella Hoffman	TBD	TBD		TBD	Todd & Jolene Jepsen
2/29	6:00PM	Shari Walter	Chloe Jamison	Gary M.			Roger Walter	Roger & Shari Walter
3/1	9:00AM	Ellen Schable	Byron Godbersen & Sawyer Larsen	Rod S.	Lorna Steenbock		Paul C. Dewayne R Dan D, Clay M	

Reminder:

Worship Schedule to continue:

Saturday Evening Worship Service 6pm

Sunday Morning Worship Service 9:00AM

Fellowship Coffee in the Fellowship Hall following the Worship service

Youth Hand Chimes for grades 5th-8th will be immediately following the Worship service

Adult Bible Class will be at 10:30AM in the Conference Room

LYF Bible Study at 10:30AM in the youth room



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FEBRUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Worship Service w/Communion 6:00 PM
<i>Super Bowl</i> 2 <i>Fourth Sunday after the Epiphany</i> 8:00AM Worship w/Communion 9:15AM Bible Studies, LYF 10:30AM Worship w/Communion	3 Bells 6:30PM Elders 7:00PM	4 Theology at the Hut 6:00PM	5 6:30AM Bible Study 9:30AM Bible Study 10:30-4:30 Bloodmobile 5:45-6:45PM Midweek 6:00PM Choir	6	7	8 Worship Service 6:00PM
<i>Fifth Sunday after Epiphany</i> 9 8:00AM Worship 9:15AM Bible Studies, LYF 10:30AM Worship	10 Bells 6:30PM Church Council 7:00PM	11 Theology at the Hut 6:00PM	12 6:30AM Bible Study 9:30AM Bible Study 5:15PM Praise Team 5:45-6:45PM Midweek 6:00PM Choir	13 Golden Horizons 2:30PM	14 <i>Valentine's Day</i>	15 Worship Service w/Communion 6:00PM
<i>Sixth Sunday after Epiphany</i> 16 8:00AM Worship w/Communion 9:15AM Bible Studies, LYF 10:30AM Worship w/Communion	17 Presidents' Day MCC 10:30AM LWML Bible Study Leaders 4:00PM Bells 6:30PM	18 Theology at the Hut 6:00PM	19 6:30AM Bible Study 9:30AM Bible Study 5:45-6:45PM Midweek 6:00PM Choir	20 Assemble monthly newsletter 1:30PM Willowdale 2:00PM	21	22 Youth - Mercy Meals Sioux City Worship Service 6:00PM
<i>Seventh Sunday after Epiphany</i> 23 8:00AM Worship 9:15AM Bible Studies, LYF 10:30AM Worship	24 Bells 6:30PM	25 Theology at the Hut 6:00PM	26 6:30AM Bible Study 9:30AM Bible Study 2:30 PM MCC #2 5:45-6:45PM Midweek 6:00PM Choir 7:00PM Ash Wednesday Worship	27		29 Worship Service w/Communion 6:00 PM