



St. Paul News

The Newsletter of
St. Paul Lutheran Church
Ida Grove, Iowa

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August

2022

GROW UP IN THE LORD

Solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.
Hebrews 5:14

Age is not entirely a matter of calendar years. Much depends on how we take care of our health. A desolate actor who died at age 50 was said to have the worn out body of a 90-year-old man. On the other hand, some people at age 80 are in better shape than those half their age. When Moses died at the age of 120, "his eyes were not weak nor his strength gone" (Deuteronomy 34:7).

**Growing
In Faith**



How old are you? It could be that you are younger than you think. You are young in the body if you keep fit through daily exercise. You are young in mind if you keep on learning, maintain an interest in life around you, can adjust to changing conditions, and stay hopeful about the future.

Above all, we need to measure our age in our spiritual life – in our Christian faith. Here the emphasis is on growth. We don't want to stay as what St. Paul calls "mere infants in Christ" (1 Corinthians 3:1) when we have the opportunity to grow be mature in our faith. God has given us the means for spiritual development: his Word and Sacraments. His desire is that we, in the words of St. Peter, may "grow up" in our salvation. When we discover every day how wonderful is the love of God, who sent his Son to give us life and peace and pardon, is to stay spiritually young – in the psalmist's words, to renew our youth "like the Eagles" (Psalm 103:5). At the close of his second letter St. Peter urges us: "grow in the grace and knowledge of our Lord and Savior Jesus Christ" (2 Peter 2:18).

Here at St. Paul we are blessed to have many opportunities to grow in the faith. We offer worship each week. We offer multiple Bible studies for youth and adults throughout the year, Sunday School and Mid-week school for children as well as numerous fellowship and service opportunities. All of these offerings are designed to help you grow and mature in your faith.

May we look for specific opportunities to let Christ's light of the Gospel shine in and through our lives.

Adaptation from Best – Loved Passages of the Bible ©1997 Concordia Publishing House

Dear Lord, may your Holy Spirit keep our faith alive and fresh by drawing us ever closer to Jesus, our Savior through your means of grace. Help us to then put our faith into action and demonstrate your love to those we meet. Amen.

Pastor Salcido

CHURCH NEWS

OFFICIAL ACTS Entered Eternal Glory: Verna Schumann, Rev. Donald Winterrowd

USHERS NEEDED for our worship services, there are various ways helping as an usher are needed but we would like to start passing the plate again during the worship service and for that especially we need ushers. If you are interested, please indicate on the friendship register pad where you sign in – which service Saturday or Sunday you would be willing to help with or you can sign up on the sign-up sheet in the Narthex.



NEW ADDITIONS of the “A Simple Explanation . . .” booklets are now available on the tract rack in the Narthex. New titles include booklets on the Bible, of Prayer, of Confession the Fellowship of the Lord's Supper. These titles and many more are available for you use as well a handy resource to give to others who may have questions about these topics.

FROM THE ELDERS *Jeff Rasmussen, Jeff Gilbert, Brent Harm, Aaron Hoffman, Terry Lovett, Keith Krager*

St. Paul Lutheran Church Elders are here for you, and interested in your input or concerns.

Jeff Rasmussen 371-2600 jeffr@godbensen.com **Jeff Gilbert 371-2608** jeff.b.gilbert@hotmail.com

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FROM THE BOARD OF HUMAN CARE *David Petersen*

PARISH NURSE August is national psoriasis awareness month. The following information was taken from the website: www.cdc.gov/psoriasis



What is Psoriasis? Psoriasis is a chronic autoimmune skin disease that speeds up the growth cycle of skin cells. How is psoriasis diagnosed and treated? **Psoriasis** often has a typical appearance that a primary care doctor can recognize, but it can be confused with other skin diseases (like eczema), so a dermatologist (skin doctor) is often the best doctor to diagnose it. The treatment of psoriasis usually depends on how much skin is affected, how bad the disease is (e.g., having many or painful skin patches), or the location (especially the face). Treatments range from creams and ointments applied to the affected areas to ultraviolet light therapy to drugs (such as methotrexate). Many people who have psoriasis also have serious health conditions such as diabetes, heart disease, and depression. Some people with psoriasis also have an inflammatory condition which affects their joints, called psoriatic arthritis.

Who is at risk for psoriasis? Anyone can get psoriasis. It occurs mostly in adults, but children can also get it. Men and women seem to have equal risk.

Can I get psoriasis from someone who has it? Psoriasis is not contagious. This means you cannot get psoriasis from contact (e.g., touching skin patches) with someone who has it.

What causes psoriasis? Psoriasis is an autoimmune disease, meaning that part of the body's own immune system becomes overactive and attacks normal tissues in the body.

Suzanne Salcido RN FCN

LIFE QUOTE “Why bother living today as a child of God, striving to follow the Lord's will in words and actions in spite of trials? Why bother showing love and forgiveness toward those who hurt you? Why share the news of a Savior when it seems to have little effect? Because we live in the light of Jesus' love. Our sins are paid for and gone. Jesus' victory is ours. He promises: ‘I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life’ (John 8:12).

In His light every difficulty, no matter how intimidating in our eyes, fades away. Problems become opportunities for His glory to shine all the more!” *Daily Devotion, Redeemer Lutheran Church, Sister Lakes, Michigan – A Life Quote from Lutherans For Life • lutheransforlife.org*

COMMUNITY BASKET Donations for **August are: Baking items: flour, sugar, cake mixes, frosting, baking soda, baking powder, brown sugar.** Place your donation in the shopping cart in the Narthex. All items are appreciated as well, as they can always use donations. The Community Basket is open on Thursdays (except 3rd Thursday), from 2:30-5:30PM. The **Mobile Pantry** will be at Arthur Community Center on August 18, from 4:30-5:30PM.

FROM THE BOARD OF STEWARDSHIP & MISSIONS *Brad Zobel & Deb Clausen*

STEWARDSHIP CORNER God's Word is clear about our need to give and how we are to give. For example, in Exodus 23:16, God tells His people that they are to bring their best to the Lord. In Proverbs 3:9, He directs His people to give their firstfruits. In the writings from Paul, we read that we are



to give on the first day of the week (1 Corinthians 16:2). So how does God react if we are not faithful in our giving? Through the words of the prophet Malachi, God showed his displeasure to those who were depriving Him of their tithes and offerings. Are you pleasing God through your attitude toward giving and what you give?

CHRISTIAN GIVING IS NOT MEASURED BY THE SIZE OF THE GIFT, BUT BY THE SIZE OF THE HEART.

“Each man should give what he has decided in his heart to give, not reluctantly or under compulsion, for God loves a cheerful giver” (2 Corinthians 9:7).

SHARA & MICHAEL OSIRO IN KENYA AFRICA FIELD REGIONAL RETREAT...



Our Africa team got back on track and gathered together in Egypt for our annual regional retreat in March. This is a special time for us. Families come together for a time of fellowship, learning, rest, refreshment, and worship together. In addition, new missionaries to the field get to meet the rest of the team during this occasion. We were blessed to have Dwight Schettler, the President of Ambassadors of Reconciliation as the presenter for our sessions. The focus of his teaching was "Go and Be Reconciled." The seminar walked us through Luther's Small Catechism, and we learned what it means first to be reconciled to God and then to others. We reviewed case studies to give us a clear understanding. We are His children and are called to lead lives of repentance, receiving His forgiveness, and forgiving one another, as God in

Christ forgave us. After busy months of various ministry and life activities, time in Egypt was good rest for the body, mind, and spirit. We thank God for His mercy and love toward us, which helps us serve in His mission. Together in Christ... Shara & Michael

MISSION CENTRAL EVENTS Mission Central – LCMS World Mission



40718 Highway E 16, Mapleton, Iowa 51034 PH: 712-882-1029

Gary.Thies@lcms.org

Be sure to check the bulletin board in the hallway by upstairs Conference Room for information on Missionaries visiting Mission Central this month.

FROM THE BOARD OF TRUSTEES *Clint Wellendorf, John Brinkman, Dennis Clausen, Dale Edsen*

Project Updates: Repairing Education building heating and air-conditioning.

FROM THE BOARD OF EVANGELISM / ASSIMILATION *Kathy Edsen & Kristy Gilbert*

COFFEE AND FELLOWSHIP ON SUNDAY MORNINGS we will resume Coffee & Fellowship on Sunday mornings at 10:15AM on Sunday, August 7th, come and join us! If you would like to help or provide please let us know.

MAIN STREET LIVING IS A LUTHERAN TELEVISION PROGRAM that is endorsed by the Iowa West District of



the Lutheran Church-Missouri Synod. The program receives no funding from the District, but is totally funded by viewers and congregations of the KCAU Viewing area. The program is broadcast on **KCAU, the ABC network affiliate in Sioux City on Sunday morning, starting at 10:00 AM**. The first 30 minutes are remastered episodes of the popular "This is the Life" series that was very popular in the 70's and 80's. The second half of the program is a modified Lutheran worship service that features a different Pastor each week, from the station's broadcast area.

FROM THE BOARD OF CHRISTIAN EDUCATION *Tracy Johnson & Robyn Devitt*

WEDNESDAY EARLY MORNING BIBLE CLASS meets at 7:00AM at Zimmy's



WEDNESDAY MORNING BIBLE CLASS meets from 9:30-10:30AM on Wed mornings in the Conference Room in the lower level. The new Bible Study is Nahum, Habakkuk, Zephaniah, The Lord Delivers His Faithful.

SUNDAY ADULT BIBLE CLASS join us in the lower level Conference Room 10:30-11:15AM. The current Bible Study is **Christians in a Woke World:: A Call to Courage,**

Confession and Love Many people have noticed our society has changed. Being a victim seems to be in vogue. People were being "cancelled." Words like woke, social justice, systemic racism, privilege, and critical race theory have become part of mainstream society. While many pundits and politicians have now begun to voice their concerns about this new ideology of "wokeness" and its impact on society, as Christians, we are also deeply concerned about the impact this ideology has on a person's relationship with Christ

BLESSING OF THE BACKPACKS will be on **Sunday, August 21 at 9:00AM** Worship Service - this would be for teachers, para's, employees of the school, etc.

7TH & 8TH GRADE CONFIRMATION ORIENTATION will be **Wednesday, August 31 at 5:45PM** for parents and students.

Please watch the weekly bulletin, your email and Facebook for updates on when we will be starting up Midweek classes and also Sunday School due to needing more details on the start of our Heating and Cooling project

FROM THE BOARD OF YOUTH AND FAMILY LIFE *Jen Hoffman and Synda Jepsen*

ST. PAUL YOUTH AND FAMILY will be grilling at the **August 11th Farmers Market**, located in the city park shelter house, starting at **4:30PM**

Lutheran Youth Fellowship

- End-of-Summer Lock-In

(Need parents to help chaperone. Need at least one adult other than myself at all-times.)

- Friday, August 5th from 8:00pm-8:00am (Entering 6th-9th Grade)
- Available Timeslots:
 - 8:00-10:00 (picks up pizza)
 - 10:00-12:00
 - 12:00a-2:00a
 - 2:00a-4:00a
 - 4:00a-6:00a
 - 6:00a-8:00a (helps coordinate clean-up and picks up breakfast)
- Lock-In will be cancelled if all of the slots are not filled. We usually have 20-30 kids, it is too much for just myself.
- [Sign-Up if You are planning to attend.](#)

- Highway Café (Preview Night)

- Sunday, August 28th from 4:00-5:00pm
- NEEDS:
 - Someone to provide refreshments (cookies, bars, etc.) & drinks
 - Tech Person to run PowerPoint slides
 - Reader of Poetry (Youth)

- Highway T-Shirts The new "HighWay" T-Shirts for 2022 have arrived. There are two designs, one that is purple/silver (limited) and the other is chocolate/orange (no XL size). Each shirt is \$15. If you would like one let me know.

OTHER UPCOMING EVENTS

Sunday, August 28th: End of Summer/Start of School Youth Event

Sunday, September 11th: High School Bible Class starts

Sunday, September 18th: Midway (6th-8th Grade)

Sunday, September 25th: The HighWay (9th-12th Grade)

October 22-23, 2022: "Called + Gathered + Enlightened" Junior Youth Gathering

November 18-20, 2022: "Say What?" IDW Senior Youth Gathering

PUZZLE

Fruit or false



Spotting true fruits can be tricky. Thankfully, it's much easier to spot the fruit of the Spirit.



Directions: Determine whether each item is a fruit or vegetable and circle the correct letter. Then insert the letters in order below to complete the verses.

Fruit Vegetable			Fruit Vegetable		
Apple	V	P	Pepper	O	U
Carrot	E	O	Spinach	R	S
Tomato	Y	R	Watermelon	H	P
Grape	C	F	Broccoli	G	N
Eggplant	T	D	Pumpkin	T	Y
Celery	I	N	Pear	F	C
Banana	K	M	Asparagus	L	R
Cucumber	N	W			

But the fruit of the Spirit is lo_e, j___, pea_e,
 pa_ie_ce, __ind_ess, go_dne_s,
 fait_ful_ess, gen_leness, sel_-cont_ol.

GALATIANS 5:22-23, ESV

Answer: love, joy, peace, patience, kindness, goodness, gentleness, self-control

Puzzle!

Search for and circle all the bold words from Psalm 18:2, which reminds us where we find our strength.

The **LORD** is **MY ROCK**, my **FORTRESS** and my **DELIVERER**; my **GOD** is my rock, in whom I **TAKE REFUGE**. **HE** is my **SHIELD** and the **HORN** of my **SALVATION**, my **STRONGHOLD**.

S T R O N G H O L D T S
 O L O B K I E Y E J S A
 R E F U G E I Y N T V L
 R O G H A R L Q R A Y V
 S X C T T I M T K K M A
 H O R N C E Y R A E D T
 I G F V L O L K E N S I
 E N F O R T R E S S G O
 L T U R G Q A C K J Q N
 D C D E L I V E R E R E
 K Y U X O C N O O Y Q S
 X H X A R K L R C N H Y
 G O D T D K A D K U D X

GOD ROCKS!



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AUGUST 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Elders 7:00PM	2	3 7:00AM Bible Study@Zimmys 9:30 AM Bible Study 11:30-4:30PM Bloodmobile	4	5 Youth Lock In Grades 6th -9th grade 8pm-8am	6 Acolyte: Breanne & Kylee M Worship Service w/Communion 6:00PM
7 <i>9th Sunday after Pentecost</i> Acolyte: Kadyn 9:00AM Worship w/Communion 10:15 Fellowship & Coffee 10:30AM Adult Bible Study	8	9 Church Council 7:00PM	10 7:00AM Bible Study@Zimmys	11 Golden Horizons 2:00PM 4:30PM YOUTH GRILLING @ City Park/Farmer's Market	12	13 Acolyte: Will Worship Service 6:00PM
14 <i>10th Sunday after Pentecost</i> Acolyte: Zachariah 9:00AM Worship 10:15 Fellowship & Coffee 10:30AM Adult Bible Study	15 LWML Bible Study Leaders 4:00PM	16	17 7:00AM Bible Study@Zimmys 9:30AM Bible Study	18 Willowdale 2:00PM	19	20 Acolyte: Baily Worship Service w/Communion 6:00PM
21 <i>11th Sunday after Pentecost</i> Acolyte: Creighton 9:00AM Worship w/Communion with Backpack Blessing: kids, teachers, school employees, etc 10:15 Fellowship & Coffee 10:30AM Adult Bible Study	22 School Starts	23	24 7:00AM Bible Study@Zimmys 9:30AM Bible Study	25	26	27 Acolyte: Jatelyn Worship Service 6:00PM
28 <i>12th Sunday after Pentecost</i> Acolyte: Kendra 9:00AM Worship 10:15 Fellowship & Coffee 10:30AM Adult Bible Study 6:00PM	29	30	31 7:00AM Bible Study@Zimmys 9:30AM Bible Study 5:45 PM 7th & 8th Grade Confirmation Orientation with Students & Parents			Acolyte Sept. 3 Jenna Sept. 4 Matthew